

Euthanasia 2016

Medisch programma – Krista Jansen

Euthanasia 2016
PROFESSIONAL CHALLENGES





KNMG



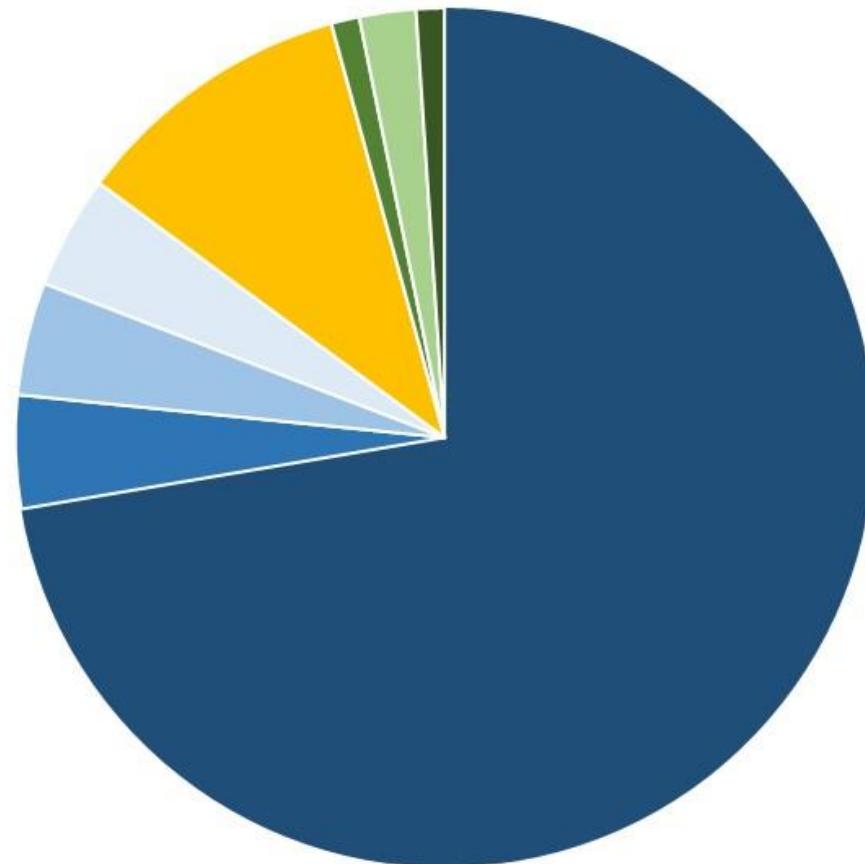
Onderzoek KNMP (Apothekers)

- Onderzoek Annemieke Horikx naar achtergronden euthanasie, intraveneus en oraal

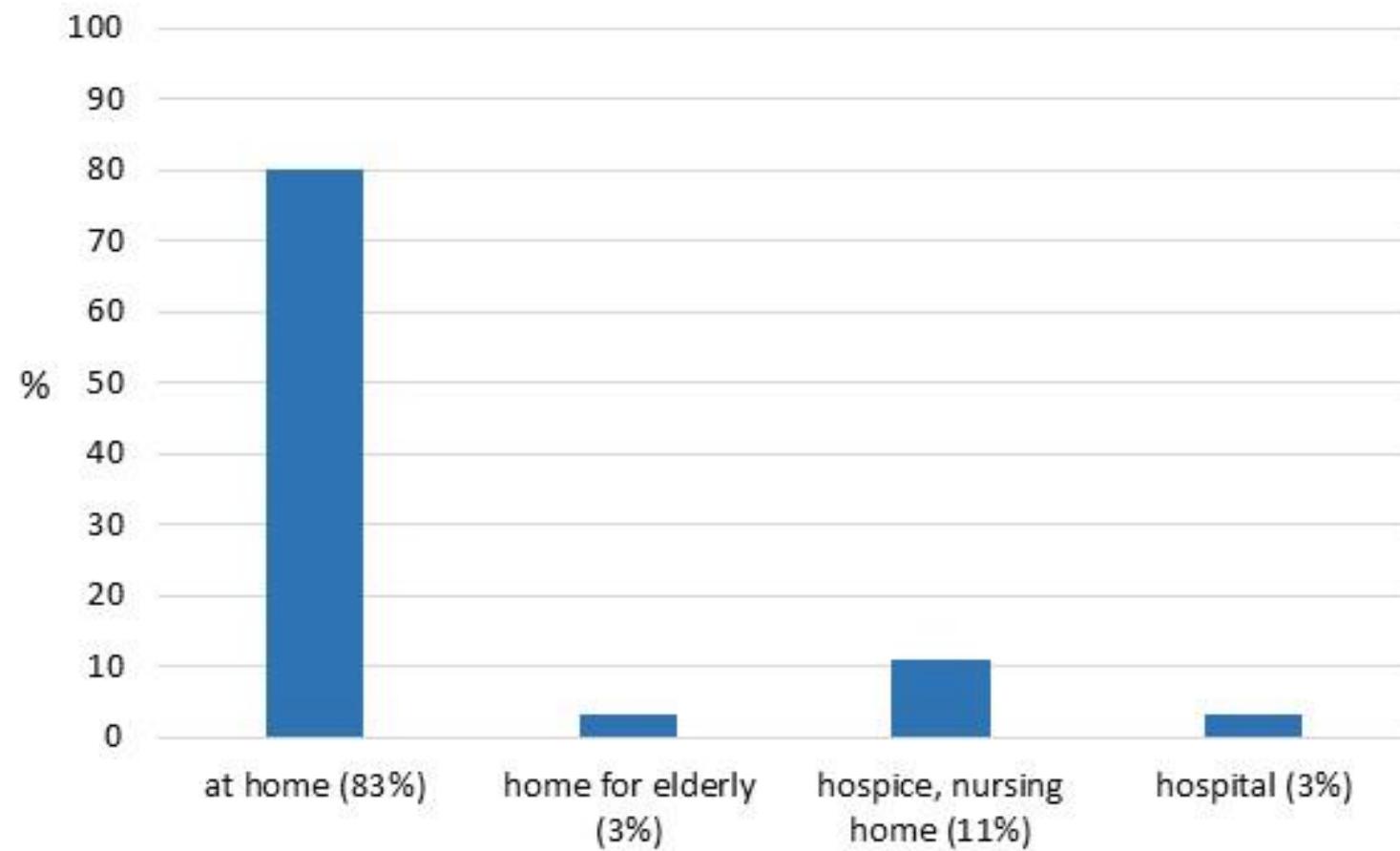


Onderliggende ziektes 2015 (n=1000)

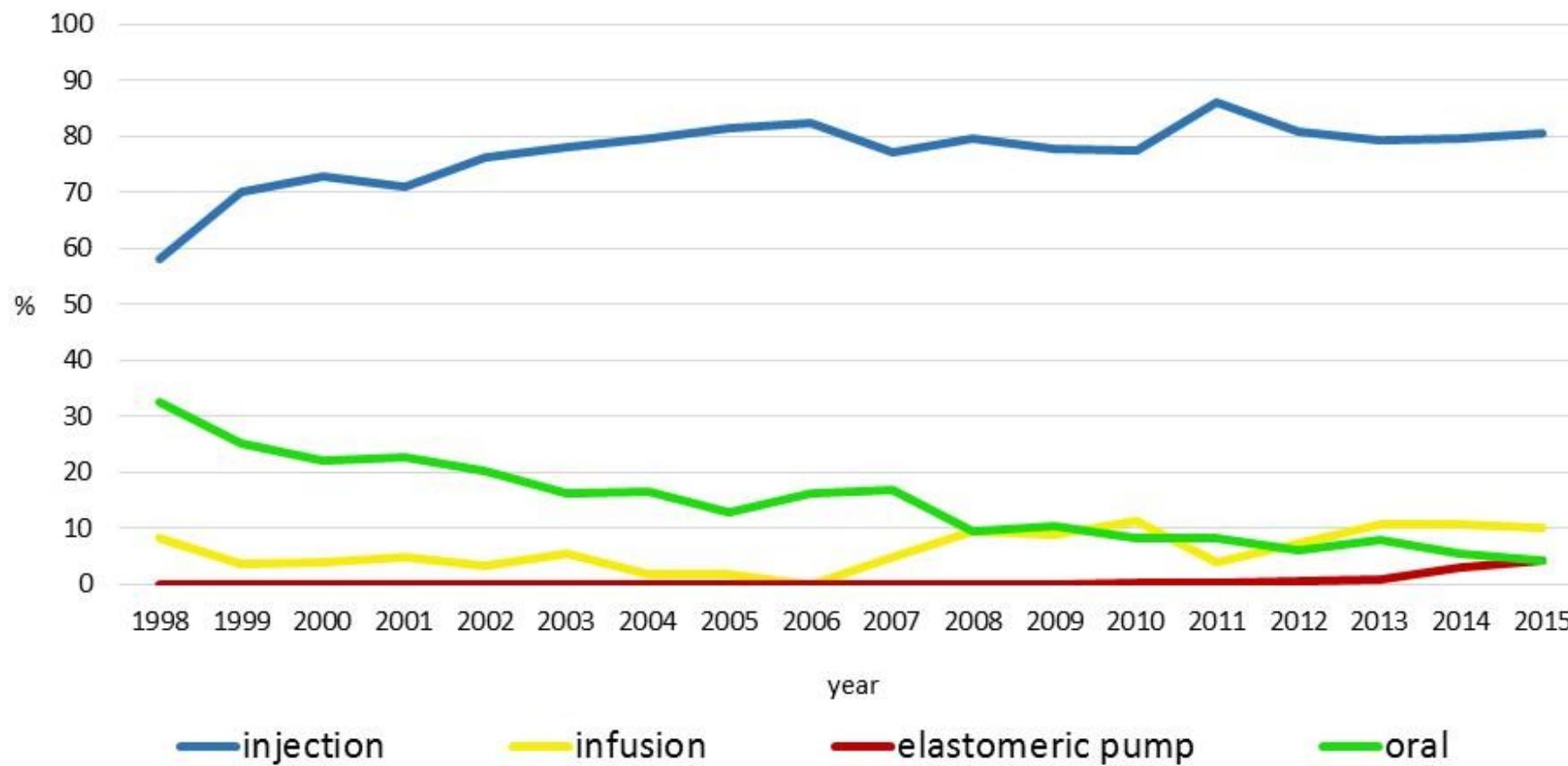
- cancer (68%)
- lung diseases (4%)
- neurological diseases (4%)
- heart diseases (4%)
- mixture of diseases (10%)
- mental disorder (1%)
- dementia (2%)
- fulfilled life (1%)



Locatie van de euthanasie (n=3000)



Methodes 1998-2015



Wat merkte de patient van de orale methode?

Symptoms	Numbers
Physician observation	
Retching	9
Snoring	3
Asleep before finishing the 100 ml drink	3
Muscle contraction	2
Some return of vital functions	2
Patient comment/remark	
Bad taste	3
Pain in throat	1
Pain in stomach	1
Heat sensation	1



Stoppen met eten en drinken

- Judith Schwarz, directeur End of life clinic in New York
- Eva Bolt, promovendus VU universitair centrum



Stoppen met eten en drinken in New York

Legal Options to Hasten Dying in NY

- Use of high dose opiates to manage pain can secondarily hasten dying
- Use of palliative sedation for dying pts can hasten death indirectly because fluids are also stopped
- Voluntarily Stopping Eating & Drinking (VSED)



Stoppen met eten en drinken

- Nobody's 1st choice...most would prefer a pill
- Appropriate option for those with no good alternatives to relieve intolerable suffering
- Requires for "success" a very determined, well informed, decisionally capable person
- Also requires social &/or family support + caregiving assistance & access to palliative or hospice oversight
- In New York – working with increasing numbers of patients & families suffering from incurable/progressive dementia type diseases > 'challenges' are practical & organizational..



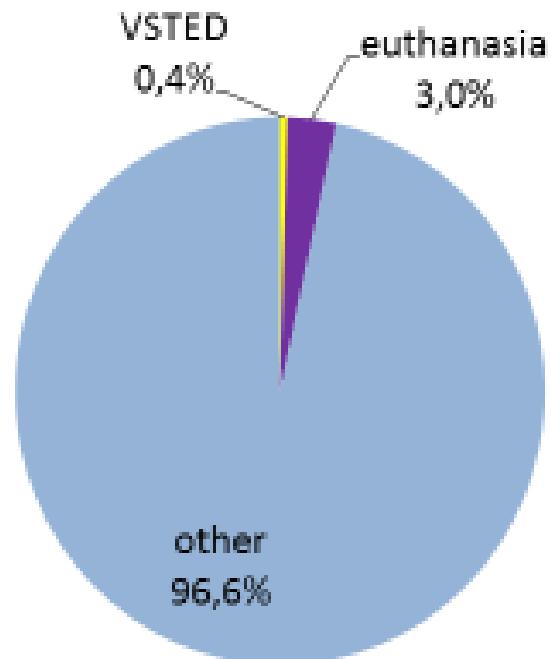
Uitdagingen bij dementie

- Memory problems: Remembering the ‘plan’
- Distinguishing decision to change plan from confusion, delusions &/or EOL agitation
- Guiding family...focus on patient’s comfort
- Issues arising when patient choosing VSED is resident of long term care facilities
- New York State has some horrible health care laws...



Stoppen met eten en drinken in Nederland

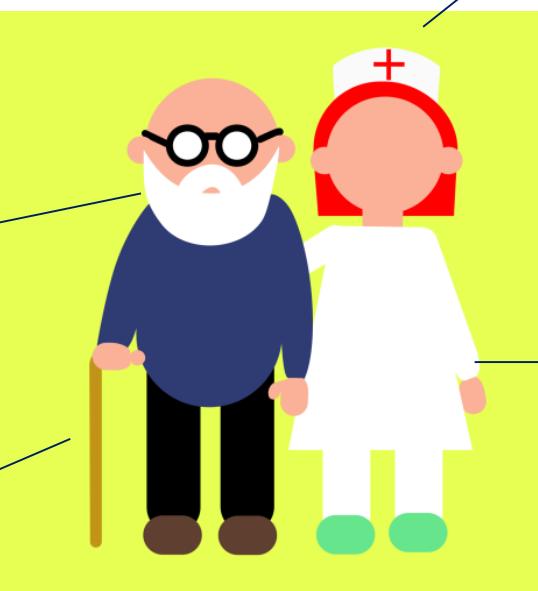
Deaths in the Netherlands (2010)¹



1. Van der Heide 2010;

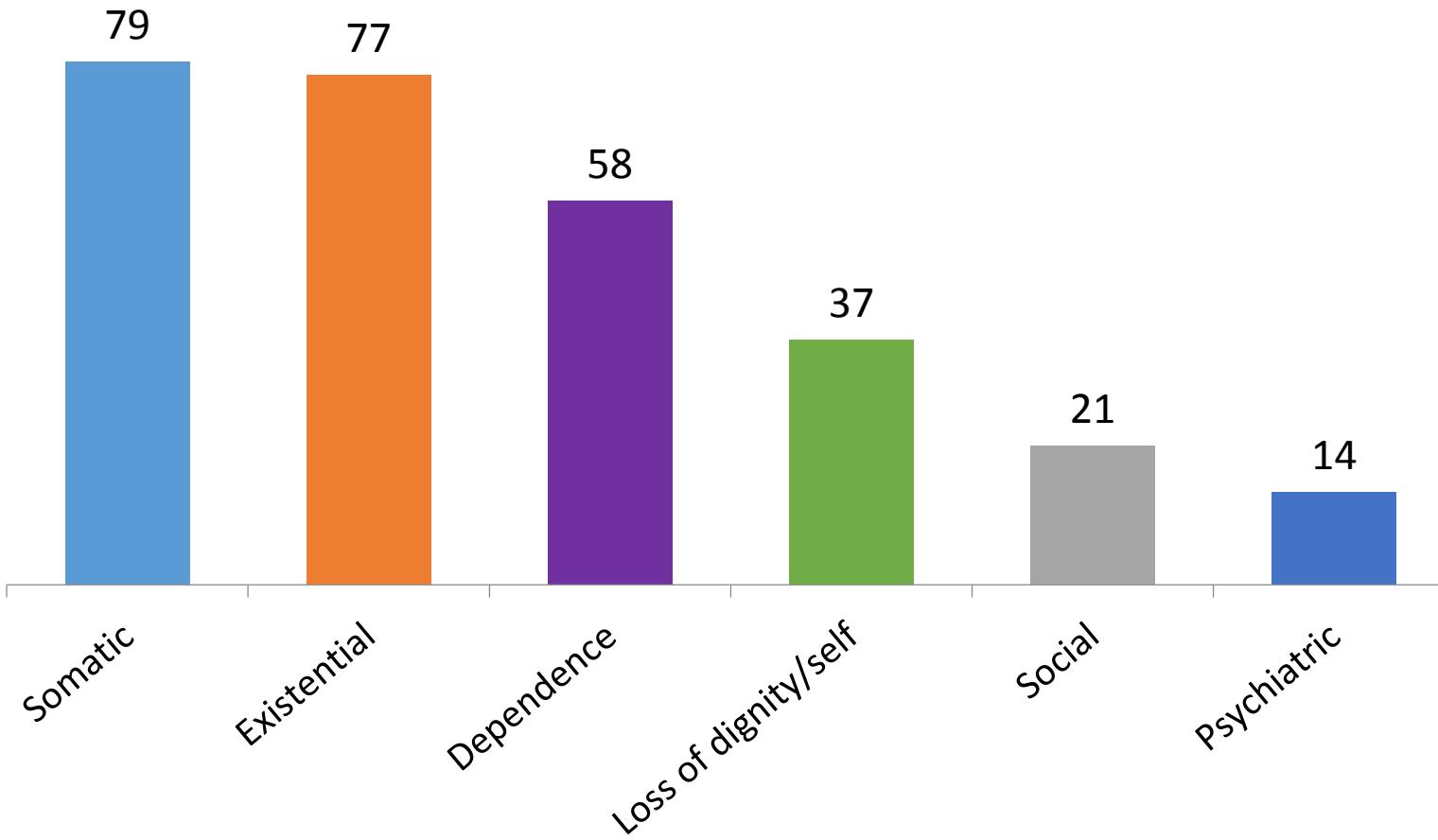


Kenmerken patienten:

- single/
widow(er)
(75%)
 - 80
years or
older
(80%)
 - physical
illness (70%)
 - life expectancy of
less than a year
(74%)
 - care
dependent
(ECOG-PS 3-4)
(76%)
 - no previous request for
euthanasia (81%)
- 



Motieven (%)



Verschillen

- In NL is men gemiddeld 80 jaar of ouder en lijdt men existentieel of somatisch
- In New York wordt het vaak gebruikt als uitweg voor dementie
- In Nederland kiezen mensen bewust voor STED
- In New York is er geen andere keuze, men prefereert een pil
- In Nederland is de gemiddelde lengte 7 dagen
- In Canada is de gemiddelde lengte 10 tot 14 dagen



DUO Euthanasie in Zwitserland

- Jerome Sobel, directeur EXIT in Zwitserland
- Mensen die samen willen sterven d.m.v. Hulp bij zelfdoding



Duo euthanasie in Zwitserland

DYING TOGETHER:THE MYTH AND THE REALITY

Obituary

Sandra et Michel GLADOVIC-GUIGNARD, et leur fils Alexandre;
Michèle BINCZAK-GUIGNARD, et sa fille Delphine;
Florian DAVID,
ainsi que les familles parentes, alliées et amies,
GUIGNARD, BOURQUIN, BIEDERMAN, TRACHSEL et GRASS,
ont le chagrin de faire part des décès de

Marcelle et Jean-François GUIGNARD

endormis paisiblement dans leur 90e année.
Une cérémonie du souvenir aura lieu au temple de Clarens, avenue Eugène-Rambert,
le jeudi 24 novembre 2011, à 14 heures.
Domicile de la famille: «Bamboo» Avenue du Sacré du Printemps 6, 1815 Clarens.

Comme une journée bien remplie
Donne joie à dormir;
Une vie bien remplie
Donne joie à mourir...
Léonard de Vinci

24heures Newspaper Tuesday 11/22/2011



DYING TOGETHER:THE MYTH AND THE REALITY

INTERPRETATION ART 115 OF THE SWISS PENAL CODE

If there is no selfish motive, the group of federal experts confirmed that assisted suicide is, in such cases, legal and accordingly, not punishable. As suicide is an act, which is not punishable in the Penal code, why should assisted suicide with no selfish motive be liable to punishment? This legal reasoning led to the non-modification of article 115 by the group of federal experts.



DYING TOGETHER:THE MYTH AND THE REALITY

13 COUPLES

Average age for men 86 years

Average age for women 82 years

Members of EXIT for 8 years on average (shortest 1 month,
longest 19 years)

- 12 couples with children
- 1 couple without children
- 10 assisted suicides at home
- 3 assisted suicide in healthcare institution



DYING TOGETHER:THE MYTH AND THE REALITY

INDIVIDUALS ASSISTED SUICIDE

(2015) 213 people

127 women average age 79 years 59.60%
86 men average age 78 years 40.40%

Reasons for requesting an assisted suicide

Cancers	88	41,31%
Multiple debilitating conditions	60	28,17%
Neurological conditions	31	14,55%
Ophthalmic conditions	11	5,17%
Respiratory conditions	10	4,69%
Cardiovascular conditions	9	4,23%
Hepatic conditions	2	0,94%
Renal conditions	1	0,47%
Psychiatric conditions	1	0,47%

DYING TOGETHER

(2003-2015) 13 couples

13 women average age 82 years
13 men average age 86 years

Reasons for requesting an assisted suicide

Multiple debilitating conditions	10
Neurological conditions	7
Vascular conditions	4
Cancers	2
Respiratory conditions	2
Renal conditions	1





Ronde Tafel



